



# Spectrum Pediatrics

## THERAPEUTIC PLAYGROUPS JULY 8–AUGUST 16, 2013



**PLAYFUL PANDAS (5 and younger):** TUESDAYS 9:00 A.M.–11:00 A.M.

**MOVING MONKEYS (5 and older):** TUESDAYS 1:00 P.M.–3:00 P.M.

Children will learn communication and peer engagement skills through fun and exciting activities! Each session will facilitate communication and social play using movement, music & learning activities. Children will be encouraged to engage with peers during games, obstacle courses, craft activities and circle time. This interactive session will target your child's development of play and social skills while advancing their gross & fine motor skills, sensory integration, language and oral motor skills. Parent driven goals will be incorporated into the sessions.



**TODDLER TALK (3 and younger):** FRIDAYS 9:30 A.M.–10:30A.M.

Whether or not you have concerns about your child's speech & language development, the ability to communicate is an important milestone. Ultimately, parents and caregivers play the most significant role in the development. In this child and caregiver group, parents will learn strategies and techniques for interacting with their child in order to facilitate language and communication during their daily routine. Learn how to help your child increase early language skills through fun, play-based activities centered on the relationship between caregiver and child.



**WRITING WARRIORS: FUN WITH FINE MOTOR (Kindergarten and older):** WEDNESDAYS 1:00 P.M.–3:00 P.M.

This program will help your child learn the fundamentals of handwriting through fun and exciting activities! Your child will learn to write more legibly with correct formation, sizing and spacing, and using a correct grasp. Pencil control, finger dexterity and visual spatial skills will also be addressed through fine motor play, sensory play and tabletop activities. This group will help give your child the confidence necessary to succeed in the classroom.

To enroll your child in one or more of these groups, please call or e-mail us today at 703-299-0051 or [therapy@spectrumpediatrics.com](mailto:therapy@spectrumpediatrics.com). Registration deadline is June 28, 2013 (late applications will be accepted on a rolling basis).